



Layers Of Stress

(Start clearing stress from the bottom up)

Triggers

Things that make your dog lunge, bark, snap, or push them past their threshold

..... "Threshold"

Leash

Does your dog understand how the leash works, or does it add frustration?

Clarity.

Clear communication & expectations, consistent rules & boundaries, fair leadership

Lifestyle

Does your dog get to do dog things? Exercise, play, genetic fulfillment, enrichment, social interactions

Health

Diet & nutrition, weight, skin, ear infections, chronic health issues, headaches, etc.

